



# Lassen \*FEAST\* Community Food Summit

*Working together for a Healthy  
and Hunger-Free Lassen County!*

**Tuesday, July 9<sup>th</sup> 2013**

**9:00 am- 3:00 pm**

**Honey Lake Grange Hall**

**472-690 Theatre Road in Johnstonville**

**Lunch will be provided**

*(Featuring fresh ingredients from local ranches, farms and gardens)*

**Participation is free to all. To pre-register contact Bethany Edholm: 530-251-8183 or [bedholm@co.lassen.ca.us](mailto:bedholm@co.lassen.ca.us)**

*Join us for a community conversation about improving access to healthy, locally produced foods and making Lassen County hunger-free!*

- Assess the extent and causes of hunger and poor nutrition in our community
- Design strategies and coordinated plans to ensure all community members have access to the nutritious food they need
- Explore the role of local food production to address hunger and promote health in our communities
- Implement plans for improved nutrition in the community through coordination of private and public resources
- Learn about the food system from a panel of local experts

**\*FEAST: Food — Education — Agriculture — Solutions — Together\***

## Are you interested in improving the local food system and fighting food insecurity in Lassen County?

FEAST is a community organizing process that allows participants to engage in an informed and facilitated discussion about food, education, hunger and agriculture in our community and begin to work toward solutions together to help build a healthier, more equitable and more resilient local food system.

### What happens during these events?

The essential elements include:

- **The Local Picture:** a panel of community members tell the story of our local food system.
- An introduction to **Community Food Systems Organizing** and language.
- Visioning and brainstorming to set Lassen County's **food system priorities** together.
- A meal...it wouldn't be a FEAST without a meal that celebrates local food!
- Creating a **food system action plan** to address the priorities identified.
- Small group work: organized by interest area, participants are provided with resources and tools to inform their action plans.

When a community comes together to discuss how it can build a healthier, more sustainable food system, amazing things happen. Relationships with local growers flourish. Backyard gardens and new farmers markets sprout. Food distribution is enhanced to alleviate hunger. And neighbors learn that, by working together, we can create a stronger local food system.

To pre-register or for more information contact Bethany Edholm at Lassen County Public Health: 530-251-8183 or [bedholm@co.lassen.ca.us](mailto:bedholm@co.lassen.ca.us)

This event is put on by the Lassen County SNAP-Ed (Supplemental Nutrition Assistance Education Program) in collaboration with the Northern Nevada Food Bank and the efforts of our local FEAST Steering Committee.